

A photograph of Marly Q, a woman with long, curly dark hair, wearing a patterned green and white top. She is speaking into a microphone at a podium, holding a sign that says "Marly Q". Her right hand is raised in the air. The background is dark with some blurred text.

# Marly Q

**INSPIRATIONAL SPEAKER, EMCEE & FOUNDER OF PARK PROJECT®**

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# ABOUT *Marly Q.*

**“I BELIEVE KINDNESS  
IS YOUR SUPERPOWER!”**



Marly Q. Casanova, better known as Marly Q., is a bilingual inspirational speaker and emcee with almost 2 decades of experience producing & managing events for the non-profit, academic, corporate and public sectors. Many people endearingly call her the “spark of kindness” because she helps people tap into and leverage the power of kindness to transform their lives and the world at large.

At the age of 10, Marly Q. discovered she was a philanthropist after an experience with her teacher led her to believe that kindness was her superpower. By the time she graduated high school, she volunteered over 5,000 hours of community service and later became the founder of the American Cancer Society’s Relay For Life at Florida International University, which has become one of the largest student-ran philanthropic events raising well over \$1 Million in the fight against cancer.

By age 26, Marly Q. became a full time social entrepreneur and the founder of PARK Project®, a non-profit movement on a mission to inspire people to Perform Acts of Random Kindness worldwide. Her award-winning signature event, 5K PARK Fest®, has inspired thousands of people to “PARKticipate” and has donated over \$50,000 for 100+ non profits and schools in South Florida in just 3 short years.



**"Inspiring"**  
**"Radiant"**  
**"Passionate"**  
**"Authentic"**

Marly Q. is a highly sought after inspirational speaker who has been recognized as a master storyteller speaking at hundreds of events with thousands of people of all ages and walks of life. She recently delivered a Tedx Talk on the topic "Kindness is Your Superpower" which is now reaching global audiences via Youtube.

Not only a speaker, Marly Q. is also an award-winning event creator with 10,000+ hours of experience and an impressive track record of success working with dozens of non-profits, corporations, academic institutions and municipalities. This extensive and diverse experience gives her the confidence and ability to deliver engaging and relevant content that resonates with any audience while running your program flawlessly from stage.

Clients love working with Marly Q. because she is a trusted speaker and event expert that delivers peace of mind and connects with audiences through the use of strategic storytelling, humor, insights and simple problem-solving frameworks. She'll not only inspire and energize people with her passion but will also empower them to take action and rave about the value they received at your event long after it's over!



TOP KEYNOTES *(or as Marly Q. likes to say)*

## KIND-NOTES!

**Kindness is Your Superpower!**

**Be the SPARK ... without burning out!**

**Permission to "BRAG"**

**"TIME" to be Kind**

**SERVING THE WOMEN'S EMPOWERMENT, NON-PROFIT, ACADEMIC,  
HEALTH & WELLNESS AND CORPORATE COMMUNITIES.**



**"High Energy"**  
**"Captivating"**  
**"Engaging"**  
**"Fun"**

With almost 2 decades of experience producing events for the non-profit, academic, corporate and public sectors, Marly Q. is an expert at managing event timelines and keeping the program flowing right from stage. As a certified yoga instructor, she adds tremendous value by creating the intended energy in the room and reading your audience, keeping them engaged from start to finish.

Marly Q. understands events don't always go as planned and offers an extra spark of support when you need it most! She excels under pressure & remains calm when situations arise in order to offer on-the-spot solutions to keep your program going without the audience being aware of any delays or issues behind the scene. As your Emcee, Marly Q. will serve as an extension of your team; you can count on her being 100% present, prepared, flexible and willing to go above and beyond to ensure your peace of mind!

# WHAT CLIENTS HAVE TO SAY

**"She ROCKS the house with a unique blend of authenticity, clarity and inspiration. Marly Q. always delivers beyond expectations!"**

**Pete de la Torre, CEO - Business Forum Group at Doral**

**"A true professional & wonderful speaker! As the Emcee of our largest event of the year, Marly Q. kept the energy high and her enthusiasm was contagious. It was exactly what we needed to keep everyone invested and excited throughout."**

**Lourdes Hilliard, Founder - Produced with Purpose®**

**"Marly Q. is a MASTER STORYTELLER! Her passion, contagious energy and valuable stories inspire people to take action in they lives personally, professionally and spiritually."**

**Andy Henriquez - Business Storytelling Trainer & Author of Show Up For Your Life**

**"She is GRACE UNDER FIRE! I almost had a heart attack when our keynote speaker's flight was delayed, not Marly Q. She immediately put me at ease and took the stage sharing an inspirational story that tied the morning sessions together, followed by a Q&A and a kind yoga stretch to fill in the time gap. Not only did she add immense value, no one knew anything was wrong behind the scenes. I didn't know how badly I needed Marly Q. until I hired her, so book her! She just might be your life safer."**

**Dr. Bronwen Bares Pelaez, Director**

**Women's Center at Florida International University**



# WHAT CLIENTS HAVE TO SAY

**"No matter your event, audience size or walk of life, Marly Q. is the one to stop and listen to. She inspired our audience, took the room by storm and had people buzzing for weeks!"**

**Melissa Vazquez - Assistant Director of Student Involvement & Leadership at Johnson & Wales University**

**"Marly Q. is a multi-talented professional who provides a service that leaves no details unturned. She has the ability to energize the audience and builds trust naturally, they love her! I am proud to do business with a woman who so passionately understands that giving back is essential to a healthy business and community."**

**Mary Wong - President at Listen Learn Care Foundation**

**"Marly Q. has been a tremendous help to the Junior Orange Bowl Parade for the past 5+ years! In addition to assisting with event coordination in every aspect, she has served as Emcee introducing the parade floats while engaging, entertaining and keeping the energy up for our grandstand crowds throughout the duration of our Parade. Marly's skills have elevated the professionalism of this 70 year tradition in South Florida and the Junior Orange Bowl has benefitted from her enthusiasm and dedication to our community."**

**Alex Markel - Director at Junior Orange Bowl**



# A TRUSTED VOICE



**TEDx**

**U** | UNIVERSITY OF MIAMI

difference maker NETWORK

Listen Learn Care



**FIU**

**DORAL** FLORIDA



The Miami Herald

THE BUSINESS FORUM GROUP AT DORAL

SOUTH FLORIDA EXECUTIVE MAGAZINE

MIAMI'S COMMUNITY NEWSPAPERS Your Local Connection

Fundación **Avina**



MIAMI-DADE COUNTY

LATINO LEADERS CONNECTING LEADERS, INSPIRING THE FUTURE



MAGAZINE BRICKELL

**STARS** Different Learning the BRIGHT Way!

JOHNSON & WALES UNIVERSITY

# Marly Q<sup>★</sup>



**WANT A LITTLE SPARK AT YOUR NEXT EVENT?**

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**CLICK TO CONNECT!**

